

Sacred Heart

CATHOLIC CHURCH

Corner of E. First Avenue
& Hamlet Street

Church Mailing Address:
168 E. Lincoln Street
Columbus, Ohio 43215

Parish Office
(614) 294-5319

Msgr. Frank Lane, Administrator

(Territorial Parish ~ Est. 1875)

MASSES:

Saturday: 4:00 p.m.; **Sunday:** 11:00 a.m.

WEEKDAYS & HOLY DAYS:

See Mass Schedule inside the Bulletin.

PARISH OFFICE/STAFF:

Administration is done through the office of Saint John the Baptist, 168 Lincoln Street. Requests for copies of sacramental records, scheduling of Masses and other sacramental celebrations, and non-emergency needs should be made during regular office hours or email info@sjbitaliana.org.

Please notify the Parish Office of any changes such as address or telephone number, etc., by calling during regular office Hours.

MUSIC MINISTRY:

Gina M. Bishop, Music Director
John C. Huffman, Organist

PARISH MEMBERSHIP:

We welcome you into our Parish Families.
Membership in the parish consists of two parts:

Registration: Please complete the parish registration and return to Parish Office.

OFFICE STAFF

Aggie Howard, Executive Assistant, ahoward@sjbitaliana.org
Victoria Scruggs, Secretary & Bulletin Editor, vgammell@sjbitaliana.org

Office Hours: Monday-Friday, 9:00 a.m.-2:00 p.m.

RECONCILIATION:

Saturday: 3:30 p.m.; **Sunday:** 10:30 a.m.

BAPTISM:

Preparation is required for the reception of the sacrament.
Parents are encouraged to call the office
and set up an appointment before the birth of their child.

MATRIMONY:

Arrangements should be made at least six or more months in advance.
A marriage preparation program is required.

SACRAMENT OF THE SICK:

In cases of emergencies, please call anytime.

Please notify the Parish Office for Communion calls to the sick, shut-ins.

Due to privacy laws, if parishioners wish to be visited in the hospital,
they should contact the Parish Office directly
and give the information regarding the hospitalization.

If you are scheduled for surgeries or other medical procedures,
please contact the Parish Office in advance so that a priest can administer
Anointing of the Sick prior to the procedure.

BULLETIN DEADLINE:

Announcements must be submitted in writing by Tuesday at noon.

www.sacredheartchurchcolumbus.org

SACRED HEART

Dear Friend in Christ,

EASTER TRIDUUM MASS SCHEDULE

March 28, 2024, Holy Thursday

Evening Mass of the Lord's Supper

St. John the Baptist	No Service
Sacred Heart Church	6:30 p.m.

March 29th, 2024, Good Friday

Passion of the Lord

St. John the Baptist	3:00 p.m.
Sacred Heart Church	No Service

March 30, 2024, Holy Saturday

St. John the Baptist	No Service
Sacred Heart Church	Easter Vigil 8:45 p.m.

March 31st, Easter Sunday

Resurrection of the Lord Mass

St. John the Baptist	9:30 a.m.
Sacred Heart Church	11:00 a.m.

Part-time Facilities Manager Position: Looking for a part-time Facilities Manager for both **St. John the Baptist and Sacred Heart Churches**. Duties would be to maintain and oversee both churches. This would include ordinary maintenance, cleaning, dusting, mopping floors, changing light bulbs, minor plumbing and electrical work, removal of trash, and any other things that may need to be repaired or maintained. This would be approximately **25 hours a week**. If interested in the position, please contact the office for more information at **614-294-5319**. Thank you!

Welcome to Sacred Heart

Sacred Heart is a welcoming community, rooted in the traditions, teachings, and beauty of our **Catholic** faith. We recognize that every person is on his or her own journey of faith, and we seek to meet you where you are in your journey.

At **Sacred Heart**, the beauty of the **Mass** is embraced, while maintaining a welcoming spirit for our **Italian Village** neighbors and greater **Columbus Community**.

To learn more about the Parish, please visit our website:

www.Sacredheartchurchcolumbus.org.

Thank you for choosing Sacred Heart!

If you are interested in becoming Catholic, receiving the Sacrament of Confirmation, or Baptism, please contact Sacred Heart Office at 614-294-5319 for more information.

For Weddings and Funerals, please contact Aggie Howard at ahoward@sjbitaliana.org or call the office at 614-294-5319.

Please Sign Up for Adoration: In celebration of the Jubilee 350th year of the apparition of the Sacred Heart to St. Margaret Mary Alacoque, Sacred Heart Church will be open from 10:00 a.m. to 7:30 p.m. every Thursday until the Feast of the Sacred Heart on June 27, 2025. During that time, the Blessed Sacrament will be exposed for Adoration. There will be Mass at 6:30 p.m., followed by Confessions and Benediction until 7:30 p.m. There must be someone present throughout the entire day and help is needed! Please sign up for an hour or half-hour of Adoration on Thursday. There are sign-up sheets at both church entrances. Your help is needed for this especially important mission! In these troubled times in the country, the Church, and the world, this is a wonderful opportunity for us to seek our own personal freedom from all darkness and to help to heal all in our world that is so broken.

MASSES FOR THE WEEK

Sunday: February 18	St. John the Baptist – 9:30 a.m. + <i>Karen Mikalonis</i> by the <i>Heininger Family</i> Sacred Heart – 11:00 a.m. + <i>Jack L.</i>
Monday: February 19	St. John's – 9:00 a.m. + <i>Alex & Sharma Lee Pieramico</i> by Mr. & Mrs. <i>John McAvoy</i>
Tuesday: February 20	St. John's – 9:00 a.m. + <i>Uncle Joe Pishitelli</i> by Mr. & Mrs. <i>John McAvoy</i>
Wednesday: February 21	St. John's – 6:00 p.m. + <i>Rose Farmer</i> by <i>Michael & Crystal Cockerell</i>
Thursday: February 22	Sacred Heart – 6:30 p.m. + <i>Alois, Bernadine, & Helen Thurn</i> by <i>Thurn Family</i>
Friday: February 23	No Mass
Saturday: February 24	Sacred Heart – 4:00 p.m. + <i>Bob Wisniewski</i> by <i>Geff & Sheila Wisniewski</i>
Sunday: February 25	St. John's – 9:30 a.m. + <i>Antonio (Tony) Caradonna</i> by <i>John & Tina DiLorenzo</i> Sacred Heart – 11:00 a.m. + <i>Joe Pishitelli</i> by <i>Judy & Phillip Pishitelli</i>

Confession and Adoration

Confessions: St. John's – Sunday – 8:30 a.m.
Sacred Heart – Saturday – 3:00 p.m.
Sacred Heart – Thursday – 7:00 p.m.

Adoration of the Blessed Sacrament: Sacred Heart
Thursdays 10:00 a.m. – 7:30 p.m.

The **Parish Office:** will be closed on **Monday, February 19, 2024**, in observance of **Presidents' Day** and will reopen **Tuesday, February 20th** at 9:00 a.m.

LECTORS

Saturday, February 17, 2024, 4:00 p.m	Neil Sika
Sunday, February 18, 2024, 11:00 a.m	Sean Nixon
Saturday, February 24, 2024, 4:00 p.m.	Joe Stefanov
Sunday, February 25, 2024, 11:00 a.m.	Bob Padberg

If you are unable to attend Mass, please contact Bob Longstreth. Thank you!

WEEKLY STEWARDSHIP AT SACRED HEART


February 11, 2024

Number of Envelopes used Sunday – 12


In Env:	\$ 1,050.00
Loose:	\$ 608.00
Total	\$ 1,658.00
Less Diocesan 8% Assessment	\$ -(132.64)
	\$ 1,525.36

	Budgeted	Actual	Difference (\$)
This Week:	\$ 2,800.00	\$ 1,658.00	- \$ 1,142.00

DONATION QR CODE AND WEBSITE INFORMATION



Please help Sacred Heart maintain this beautiful 100-year-old building with a donation by using the QR code. Thank you!



SH Collection Counters – Tuesday, February 20, 2024
Donna Bowers and Rita Ward

SH Collection Counters – Monday, February 26, 2024
David and Gilda Cottrill



CONGRATULATIONS! To Eric Matthew Milliron and Allison Naomi Wehrle who entered into the Sacrament of Holy Matrimony on February 17, 2024

Catholic Times: It's not too late to sign up for *The Catholic Times* or give the publication as a gift during **Catholic Press Month**. For a minimum donation of **\$26.00** for a one-year subscription, **Catholic** news from the Diocese will be delivered right to your home. Sign up or renew online at catholictimescolumbus.org under the Subscribe tab. Current subscribers also will receive a paper statement in the mail that can be returned to **The Catholic Times, Diocese of Columbus, 197 E. Gay Street** with a check for **\$26.00** or paid online at the website. Another option for new subscribers is to mail your **\$26.00** check payable to **Diocese of Columbus – Catholic Times** to our office at **197 E. Gay Street, Columbus, OH 43215**. You need *The Catholic Times* to keep up on all the news throughout the diocese and the **Catholic** world.

AROUND US

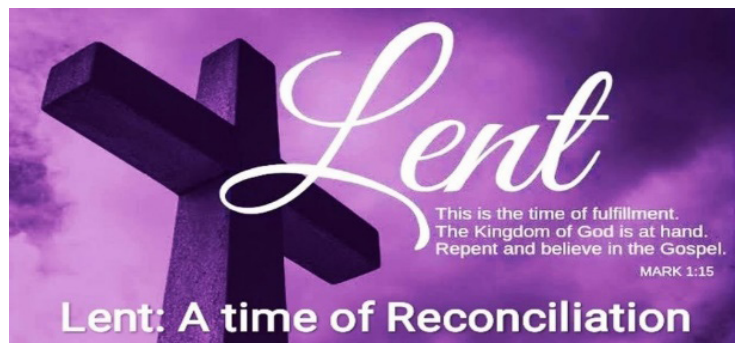
The Holy Father's Intentions for the Month of February 2024: *We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.*

CATHOLIC MEN'S LUNCHEON – FRIDAY, MARCH 1, 2024 – SPEAKER MICHAEL FRY. Please join us Friday, **March 1** at **St. Patrick Church** in downtown **Columbus** for a luncheon featuring a talk by **Michael Fry** entitled "*A visit with Venerable Archbishop Fulton J. Sheen.*" If you are interested in sponsoring a luncheon, contact **Pat Foley** at foleyp513@gmail.com. **Holy Mass** (optional) begins at **11:45 a.m.** followed by lunch at **12:10 p.m.** and **Mr. Fry's** presentation. No reservations are necessary. **\$12.00** covers the lunch and meeting. Bring a friend! **Our next luncheon is Friday, April 5, 2023, and will feature a talk by William Heyer on Sacred Architecture.** Mark your calendar.

Joint Organization for Inner-city Needs: JOIN, is an agency of the **Diocese's Catholic Charities Office**, located at **578 E. Main Street** in downtown **Columbus**. Sharing **God's** love and word through the assistance provided to our brothers and sisters is our daily aspiration. The **Ash Wednesday collection of your church and others would be instrumental in our mission to serve our neighbors with these various needs and more.** All donations go directly to improve the quality of life for those we serve. You are always welcome to visit **JOIN** or feel free to call or email me, **Lisa Keita**, director of **JOIN**, any time at **614-241-2530** or lkeita@columbuscatholic.org. **God bless you with His grace and Peace!**

40 Days of Adoration: The **Diocese of Columbus** will have **40 Days of Adoration** this year from **Ash Wednesday through Palm Sunday**. Everyone is encouraged to visit **Jesus in Eucharistic Adoration** at parishes throughout the Diocese. Reconciliation is **Monday, March 25.**

Church Regulations Regarding Fasting and Abstinence During Lent: Abstinence from meat (beast or fowl) is to be observed by all **Catholics** fourteen years and older on **Ash Wednesday** and on all **Fridays of Lent**. This obligation prohibits the eating of meat, but not eggs, milk products or condiments of any kind, even though made from animal fat. The law of fasting on **Ash Wednesday and Good Friday** applies to all **Catholics from age 18 through age 59**. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Those who are ill or pregnant may be dispensed from their obligation.



Prayer: *Grant, almighty God, through the yearly observances of Holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, for ever and ever. Amen*

Lectio Divina

SCRIPTURE READING + MEDITATION + PRAYER + CONTEMPLATION

“What page, what passage of the inspired books of the Old and New Testaments is not the truest of guides for human life?” ~Saint Benedict, from the *Rule of Saint Benedict* (73:3)

The month of February is dedicated to the Holy Family.

“If in Christ we have been tempted, in him we overcome the devil. Do you think only of Christ’s temptations and fail to think of his victory? See yourself as tempted in him, and see yourself as victorious in him. He could have kept the devil from himself; but if he were not tempted he could not teach you how to triumph over temptation.”

+SAINT AUGUSTINE OF HIPPO

Monday, February 19 ~ First Week in the Season of Lent

Holy Gospel: Matthew 25:31-46 Jesus said to his disciples: “When the Son of Man comes in his glory, and all the angels with him, he will sit upon his glorious throne, and all the nations will be assembled before him. And he will separate them one from another, as a shepherd separates the sheep from the goats. He will place the sheep on his right and the goats on his left. Then the king will say to those on his right, ‘Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.’ Then the righteous will answer him and say, ‘Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?’ And the king will say to them in reply, ‘Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.’ Then he will say to those on his left, ‘Depart from me, you accursed, into the eternal fire prepared for the Devil and his angels. For I was hungry and you gave me no food, I was thirsty and you gave me no drink, a stranger and you gave me no welcome, naked and you gave me no clothing, ill and in prison, and you did not care for me.’ Then they will answer and say, ‘Lord, when did we see you hungry or thirsty or a stranger or naked or ill or in prison, and not minister to your needs?’ He will answer them, ‘Amen, I say to you, what you did not do for one of these least ones, you did not do for me.’ And these will go off to eternal punishment, but the righteous to eternal life.”

Meditation: Jesus’ parable about goats and sheep must have both amused and surprised his audience. Goats and sheep shared the same grazing ground during the day, but had to be separated at night. Goats were less docile and more restless than sheep. They came to symbolize evil and the expression “scapegoat” has become a common expression for someone bearing blame for others. (*You might want to read Leviticus 26:20-22 for a description of the ritual expulsion of a sin-bearing goat on the Day of Atonement.*) Separation is an inevitable consequence of sin and judgment. The Day of Judgment will reveal who showed true compassion and mercy toward their neighbor.

Prayer: Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: This parable is similar to the parable about Lazarus and the rich man. The rich man, who let Lazarus die on his doorstep, was doomed to crave for drops of cold water he had not thought of giving to the poor man. When Saint Martin of Tours, a young Roman soldier and seeker of the Christian faith, met an unclothed man begging for alms in the freezing cold, he stopped and cut his coat in two and gave half to the stranger. That night he dreamt he saw the heavenly court with Jesus robed in a torn cloak. One of the angels present asked, “Master, why do you wear that battered cloak?” Jesus replied, “My servant Martin gave it to me.” Saint Martin’s disciple and biographer, Sulpicius Severus, states that as a consequence of this vision Martin “flew to be baptized.” God is gracious and merciful; his love compels us to treat others with mercy and kindness. When we do something for one of Christ’s little ones, we do it for Christ himself. Do you treat your neighbor with mercy and love as Christ has treated you?

Tuesday, February 20 ~ First Week in the Season of Lent

Holy Gospel: Matthew 6:7-15 Jesus said to his disciples: "In praying, do not babble like the pagans, who think that they will be heard because of their many words. Do not be like them. Your Father knows what you need before you ask him. "This is how you are to pray: Our Father who art in heaven, hallowed be thy name, thy Kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. "If you forgive men their transgressions, your heavenly Father will forgive you. But if you do not forgive men, neither will your Father forgive your transgressions."

Meditation: We can approach God confidently because he is waiting with arms wide open to receive his prodigal sons and daughters. That is why Jesus gave his disciples the perfect prayer that dares to call God, Our Father. This prayer teaches us how to ask God for the things we really need, the things that matter not only for the present but for eternity as well. We can approach God our Father with confidence and boldness because Christ has opened the way to heaven for us through his death and resurrection. When we ask God for help, he fortunately does not give us what we deserve. Instead, he responds with grace and mercy. He is kind and forgiving towards us and he expects us to treat our neighbor the same.

Prayer: Look upon your family, Lord, that, through the chastening effects of bodily discipline, our minds may be radiant in your presence with the strength of our yearning for you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Consider what Saint John Cassian wrote about the Lord's Prayer and the necessity of forgiving others from the heart: "The mercy of God is beyond description. While he is offering us a model prayer he is teaching us a way of life whereby we can be pleasing in his sight. But that is not all. In this same prayer he gives us an easy method for attracting an indulgent and merciful judgment on our lives. He gives us the possibility of ourselves mitigating the sentence hanging over us and of compelling him to pardon us. What else could he do in the face of our generosity when we ask him to forgive us as we have forgiven our neighbor? If we are faithful in this prayer, each of us will ask forgiveness for our own failings after we have forgiven the sins of those who have sinned against us, not only those who have sinned against our Master. There is, in fact, in some of us a very bad habit. We treat our sins against God, however appalling, with gentle indulgence: but when by contrast it is a matter of sins against us ourselves, albeit very tiny ones, we exact reparation with ruthless severity. Anyone who has not forgiven from the bottom of the heart the brother or sister who has done him wrong will only obtain from this prayer his own condemnation, rather than any mercy." Thus we need to honestly ask ourselves: do I treat others as the Lord has instructed me – with compassion, mercy, steadfast love, and kindness?

Wednesday, February 21 ~ First Week in the Season of Lent Saint Peter Damian, Bishop and Doctor of the Church

Holy Gospel: Luke 11:29-32 While still more people gathered in the crowd, Jesus said to them, "This generation is an evil generation; it seeks a sign, but no sign will be given it, except the sign of Jonah. Just as Jonah became a sign to the Ninevites, so will the Son of Man be to this generation. At the judgment the queen of the south will rise with the men of this generation and she will condemn them, because she came from the ends of the earth to hear the wisdom of Solomon, and there is something greater than Solomon here. At the judgment the men of Nineveh will arise with this generation and condemn it, because at the preaching of Jonah they repented, and there is something greater than Jonah here."

Meditation: The Lord Jesus came to set us free from slavery to sin and hurtful desires. Through the gift of the Holy Spirit he pours his love into our hearts that we may understand his will for our lives and walk in his way of holiness. God searches our hearts, not to condemn us, but to show us where we need his saving grace and help. He calls us to seek him with true repentance, humility, and the honesty to see our sins for what they really are – a rejection of his love and will for our lives. God will transform us if we listen to his word and allow his Holy Spirit to work in our lives. Ask the Lord to renew your mind and to increase your thirst for his wisdom. James says that the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, without uncertainty or insincerity (James 3:17). A double-minded person cannot receive this kind of wisdom. The single of mind desire one thing alone – God's pleasure. God wants us to delight in him and to know the freedom of his truth and love. Do you thirst for the holiness without which no one will see the Lord (Hebrews 12:14)?

Prayer: Grant, we pray, almighty God, that we may so follow the teaching and example of the Bishop Saint Peter Damian, that, putting nothing before Christ and always ardent in the service of your Church, we may be led to the joys of eternal light. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Do you pay careful attention to warning signs? Do you pay attention to these signs at all? Many fatalities could be avoided if people paid attention to such signs. When the religious leaders demanded a sign from Jesus, he gave them a serious warning to avert spiritual disaster. It was characteristic of the Jews that they demanded "signs" from God's messengers to authenticate their claims. When the religious leaders pressed Jesus to give proof for his claims he says in so many words that he is God's sign and that they need no further evidence from heaven than his own person. The Ninevites recognized God's warning when Jonah spoke to them, and they repented. And the Queen of Sheba recognized God's wisdom in Solomon. Jonah was God's sign and his message was the message of a merciful God for the people of Nineveh. Unfortunately the religious leaders were not content to accept the signs right before their eyes. They had rejected the message of John the Baptist and now they reject Jesus as God's Anointed One (Messiah) and they fail to heed his message. Simeon had prophesied at Jesus' birth that he was "destined for the falling and rising of many in Israel, and to be a sign that will be opposed so that inner thoughts of many will be revealed" (Luke 2:34- 35). Jesus confirmed his message with many miracles in preparation for the greatest sign of all – his resurrection on the third day.

Thursday, February 22 ~ First Week in the Season of Lent Feast of the Chair of Saint Peter, Apostle

Holy Gospel: Matthew: 13:16-19 When Jesus went into the region of Caesarea Philippi he asked his disciples, "Who do people say that the Son of Man is?" They replied, "Some say John the Baptist, others Elijah, still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter said in reply, "You are the Christ, the Son of the living God." Jesus said to him in reply, "Blessed are you, Simon son of Jonah. For flesh and blood has not revealed this to you, but my heavenly Father. And so I say to you, you are Peter, and upon this rock I will build my Church, and the gates of the netherworld shall not prevail against it. I will give you the keys to the Kingdom of heaven. Whatever you bind on earth shall be bound in heaven; and whatever you loose on earth shall be loosed in heaven."

Meditation: Jesus tests his disciples with a basic, yet crucial question: "Who do men say that I am" followed by "who do you say that I am?" Jesus was widely recognized in Israel as a mighty man of God, even being compared with the greatest of the prophets -- John the Baptist, Elijah, and Jeremiah. Peter, always quick to respond, exclaimed that he was the Christ, the Son of the living God. No mortal being could have revealed this to Peter; but only God. Jesus then confers on Peter authority to govern the church that Jesus would build, a church that no powers would overcome. Jesus plays on Peter's name which is the same word for "rock" in both Aramaic and Greek. To call someone a "rock" is one of the greatest of compliments. The ancient rabbis had a saying that when God saw Abraham, he exclaimed: "I have discovered a rock to found the world upon." Through Abraham God established a nation for himself. Through faith Peter grasped who Jesus truly was. He was the first apostle to recognize Jesus as the Anointed One (Messiah and Christ) and the only begotten Son of God. The Lord Jesus tests each of us personally with the same question: "Who do you say that I am?"

Prayer: Grant, we pray, almighty God, that no tempests may disturb us, for you have set us fast on the rock of the Apostle Peter's confession of faith. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Jesus Christ also asks each one of us: "Who do you say that I am?" Obviously our personal response has great ramifications. A wonderful response to come not only from our lips, but from deep from within our hearts would be: "Lord Jesus, I profess and believe that you are the Christ, the Son of the living God. You are my Lord and my Savior. Make my faith strong and help me to live in the victory of the cross by rejecting sin and by accepting your will." Our response to Jesus' question requires sincere thought and discernment. But more importantly it requires action in how we think, speak, and live out our daily lives. Ask yourself: Do I live my life as a disciple of Christ? If not, what's holding me back?

About the Feast of the Chair of Saint Peter: This feast brings to mind the mission of teacher and pastor conferred by Christ on Peter, and continued in an unbroken line down to the present Pope. We celebrate the unity of the Church, founded upon Christ and his Apostles, and renew our assent to the Magisterium of the Roman Pontiff, extended both to truths which are solemnly defined *ex cathedra*, and to all the acts of the ordinary Magisterium.

Friday, February 23 ~ First Week in the Season of Lent

Holy Gospel: Matthew 5:20-26 Jesus said to his disciples: "I tell you, unless your righteousness surpasses that of the scribes and Pharisees, you will not enter into the Kingdom of heaven. "You have heard that it was said to your ancestors, You shall not kill; and whoever kills will be liable to judgment. But I say to you, whoever is angry with his brother will be liable to judgment, and whoever says to his brother, *Raqa*, will be answerable to the Sanhedrin, and whoever says, 'You fool,' will be liable to fiery Gehenna. Therefore, if you bring your gift to the altar, and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift. Settle with your opponent quickly while on the way to court. Otherwise your opponent will hand you over to the judge, and the judge will hand you over to the guard, and you will be thrown into prison. Amen, I say to you, you will not be released until you have paid the last penny."

Meditation: Do you allow sin or anger to master your life? Maybe at first glance you say "no, of course not." But take a deep look, an honest look at yourself, at your life, at how you live. The first human to hate his brother was Cain. God warned Cain: 'Why are you angry? ...Sin in couching at the door; it's desire is for you, but you must master it (Genesis 4:6-7). Sin doesn't just happen; it first grows as a seed in one's heart. Unless it is mastered, by God's grace, it grows like a weed and chokes the fruitful vine. Jesus addressed the issue of keeping the commandments with his disciples. The scribes and Pharisees equated righteousness with satisfying the demands of the law. Jesus showed them how short they had come. Jesus points to the heart as the seat of desire and choice. Unless forbidden and evil desires are eradicated, the heart will be corrupted. Jesus points to forbidden anger with one's brother. This is a selfish anger that broods and is long-lived, that nurses a grudge and keeps wrath warm, and that refuses to die. Anger in the heart as well as anger in speech or action are equally forbidden. What is the antidote to anger and rage? Mercy, kindness, and forbearance spring from a heart full of love and forgiveness. God has forgiven us and he calls us to extend mercy and forgiveness towards those who cause us harm and grief. In the cross of Jesus we see the supreme example of love and the power for overcoming evil. Only God's love and grace can set our hearts and minds free from the tyranny of wounded pride and spiteful revenge. Do you harbor any anger towards another person? And are you quick to be reconciled when a rupture has been caused in your relationships? Ask God to set you free and to fill your heart and mind with his love and his timeless truths.

Prayer: Grant that your faithful, O Lord, we pray, may be so conformed to the paschal observances, that the bodily discipline now solemnly begun may bear fruit in the souls of all. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Saint Eusebius, a Father of the Church, offered the following prayer as instruction for his fellow Christians: "May I be no man's enemy, and may I be the friend of that which is eternal and abides. May I never quarrel with those nearest me: and if I do, may I be reconciled quickly. May I love, seek, and attain only that which is good. May I wish for all men's happiness and envy none. May I never rejoice in the ill-fortune of one who has wronged me. When I have done or said what is wrong, may I never wait for the rebuke of others, but always rebuke myself until I make amends. May I win no victory that harms either me or my opponent. May I reconcile friends who are angry with one another. May I never fail a friend who is in danger. When visiting those in grief may I be able by gentle and healing words to soften their pain. May I respect myself. May I always keep tame that which rages within me. May I accustom myself to be gentle, and never be angry with people because of circumstances. May I never discuss who is wicked and what wicked things he has done, but know good men and follow in their footsteps." Do you seek to live peaceably and charitably with all? If not, pray that you will! Lent is about reconciliation, not only with God and Jesus, but with anyone whom we have harmed through our actions. Reconciliation is the first step toward conversion of mind and heart. Step-by-step, we turn away from sin and selfishness, and turn back to Christ. Begin these steps now, during Lent.

Scripture passages (NAB translation) courtesy of the U.S. Conference of Catholic Bishops. Daily meditations and contemplations adapted from the Irish Jesuits' *Sacred Space* web page and *Biblical Medications for Lent* by Rev. Carroll Stuhlmueeller, C.P.; prayers are from *The Roman Missal*, Catholic Book Publishing, 2011; information about saints, solemnities, feasts and memorials courtesy of the Catholic Culture web site.

frlumpe:2024



Tony's
ITALIAN RISTORANTE

Classic Italian Cuisine • Banquet Rooms Available
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Hours: Tue-Thu: 4-10:00 pm;
Fri:4-10:30 pm; Sat: 5-10:30 pm

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